



“I am a firm believer that you don’t achieve greatness on your own. There is always someone there to lend a hand.”
- Greg Louganis

As Captain of the Diving team, it is with great pleasure that I submit the Annual Diving Report for the year 2021. The Bishop's College Diving team has been dominating the schools' diving for the past fifteen years or so and has always brought great pride to the school.

Unfortunately, due to the COVID-19 outbreak in March 2020, all Swimming and Diving competitions were suspended. Hence, we could not participate in competitions. However, there were plans to revive the tournaments earlier this year by the Sri Lanka Aquatic Sports Union (SLASU) and Sri Lanka Schools Aquatic Sports Association (SLASA) which again were postponed indefinitely as a result of the third wave.

Although adapting to this situation was quite challenging, we continued to train online under the guidance of our coach Mr. Kasun De Silva and with the presence of our teachers in charge. We look forward to getting back into the pool and training harder than ever once the country situation gets back to normal.

I wish to thank our former Principal Ms. Sharmila Gunetilleke for always believing in us and providing countless number of opportunities for our divers to improve and achieve their best. I also thank our Principal Mrs. Chemali Goonetilleke Herath for her constant support and guidance provided to us at all times. My heartfelt gratitude goes out to our coach for his dedication and hard work in sharpening the skills of our divers, especially in a time like this. A big thank you goes out to our teachers-in-charge, Ms. Sivamalini Selvarajah and Ms. Nasiha Ibrahim for their undying support and encouragement. To Vinaya and Kithmi, my two Vice Captains, thank you so much for always having my back and supporting me through thick and thin. Last but not least, I would like to thank my amazing Diving Team for continuously training and having their focus on getting back into competitions and bringing glory to school.

Shania Silva
Captain

“Every time I dive, I feel an adrenaline rush like I did that first time. Until my body fails on me, I will keep going.”
- Tom Daley

“Fear is a part of everything you do... you have to take great risks to get big rewards.”
- Greg Louganis